

ALGAMUS RECOVERY SERVICES

Resource number: 18744689

A program of: Counseling Services Inpatient/Residential

Description

ALGAMUS RECOVERY SERVICES

1616 N. Litchfield Rd, Suite 220

Goodyear, AZ, 85395

Website: www.algamus.org

Email: algamus@algamus.org Phone: 888-526-3237

Accredited, Trusted Gambling Addiction Treatment

Algamus is one of the only residential gambling treatment programs in the United States that has been treating gambling addiction and the unique issues related to it for over 30 years. Many of our staff are in recovery from gambling addiction and their experiences will make them well positioned to understand how gambling infiltrates every aspect of your life.

Our 5-week residential treatment programs are set in a beautiful home in the scenic desert in Goodyear, AZ and are tailored to meet the individual needs of each person. Our certified gambling counselors help guide you in making the behavioral adjustments necessary to create a fulfilling life free from gambling.

Algamus offers the only JCAHO-accredited, gambling-specific residential program in the US. We only treat gambling addiction and related disorders affecting our clients, and we're proud of our high staff-to-client ratio. A client's stay is typically 5 weeks, and is followed by an individualized aftercare program.

Our mission is to provide stabilization, family support, and lasting recovery tools in a structured five-week program, all under the expert guidance of Ken Litwak, an ICGC-II counselor.

Key Features of Our Program:

-Specialized Counseling: Each of our program offerings is facilitated by an ICGC-certified therapist, ensuring clients receive expert, gambling-specific care.

-Healing Environments: We emphasize the importance of removing young adults and professionals from their current environments, away from phones and toxic influences that jeopardize safety and recovery.

-Financial Recovery Collaboration: Through our partnership with GAMFIN (www.gamfin.org), clients engage in financial repair, planning, and safety strategies to rebuild their lives both during and after treatment.

-Family Workshops: Families participate in workshops led by licensed clinicians and ICGC-II counselors, providing education and tools to support clients during and after treatment, addressing environmental needs, and fostering resilience.

-Alumni Engagement: Clients that complete our program gain access to Algamus Alumni support, meeting twice weekly at no cost, creating an accepting community of encouragement and accountability.

-Continuum of Care: We provide warm handoffs and introductions to gambling-informed private practice clinicians and providers across the U.S., ensuring ongoing support after treatment.

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We are dedicated to fostering recovery with a holistic approach that includes stabilization, financial planning, and deep family involvement. By equipping clients with these tools, we aim to transform lives and address the multifaceted challenges of problem gambling.

Residential Gambling Addiction Treatment

We believe that a gambling addiction should be treated with the same urgency as a substance use disorder or a physical health disease.

You don't have to have failed at Gamblers Anonymous or outpatient counseling before attending Algamus. Regardless of where you're at in your struggle with gambling, we want to help get you on the right path.

We serve men and women across the country from all walks of life and all types of gambling addiction including (but not limited to):

- Sports betting
- Poker & Blackjack
- Slot machines
- Stock trading & cryptocurrency
- Online games

Our experienced therapists, psychiatrists, and certified gambling counselors work with clients to help them uncover the root causes of their gambling so that they can build their lives back up.

Beyond daily group sessions and individual therapy with a primary gambling therapist or counselor, clients will have the opportunity to participate in alternative therapies, and day trips to surrounding areas like Sedona. Learn more about our facility.

Taking the opportunity to get away from one's home environment can be extremely beneficial for the gambler. Removing oneself from the stressors of everyday life and having uninterrupted time to devote to their recovery can be crucial in the healing process.

About Our Inpatient Treatment Program for Gambling

Our Residential Treatment Program for Gambling is located in the scenic town of Goodyear, Arizona. The 30+ day inpatient gambling treatment program gently guides the disordered gambler away from their compulsive behavior and into a place of acceptance and empowerment. From here, they can make the behavioral changes needed to create a life free from gambling and other addictive behaviors.

Our experienced therapists, psychiatrists, and certified gambling counselors at our residential gambling treatment center in Goodyear, AZ work with clients to help them uncover the root causes of their gambling so that they can build their lives back up.

Beyond daily group sessions and individual therapy with a primary gambling therapist or counselor, clients will have the opportunity to participate in alternative therapies, and day trips to surrounding areas like Sedona.

Taking the opportunity to get away from one's home environment can be extremely beneficial for the gambler. Removing oneself from the stressors of everyday life and having uninterrupted time to devote to their recovery can be

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crucial in the healing process. Algamuss rehab facility for gambling in the Arizona desert in Valley of the Sun is the perfect location to provide a relaxing setting for recovery.

We offer the longest-running, JCAHO-accredited, inpatient program specifically for gambling in the U.S., with a high staff-to-client ratio. We're proud to be among the best in residential treatment for gambling disorders nationwide.

While other recovery programs treat gambling disorders, we define what gambling inpatient treatment should be.

Watch a Virtual Tour of the Residential Treatment Center: <https://youtu.be/Rsk6BvMrkKA>

Types of Treatment for Gambling Addiction

We recognize that treatment is not a one-size-fits-all, and that individuals respond to treatment methods differently. That's why we offer a variety of treatment methods for gambling addicts, including:

-Cognitive Behavioral Therapy: You will work with one of our Internationally Certified Gambling Counselors to help get to the root of your addictive gambling disorder and learn practical steps to overcoming it.

-12-Step Programs: We introduce our clients to the 12-Step Program of Gamblers Anonymous which enables the gambler to take responsibility for their past behavior and provide a new perspective that allows them to move forward.

-Enneagram: Our gambling addiction therapists will guide you in how to use the Enneagram for self-exploration, healing, personal transformation, and growth.

-Group Therapy: You will meet daily with the rest of the group for a group therapy session. This is where you will get to hear the experiences of others and share your own journey as a method of healing.

-Aftercare Support: You are not alone, even after leaving the Algamus gambling rehab center.

Aftercare Program for Lasting Recovery from Gambling Addiction

Recovery is an ongoing process, and returning to your regular life after gambling addiction treatment can be a difficult adjustment, but you are not alone.

During your time at Algamuss gambling rehabilitation center, our staff will develop an individualized aftercare treatment plan for you to help you navigate your daily life and manage your triggers when you return home. We keep in contact with you even after you have left Algamus by having consistent check-in calls.

Individuals who complete our gambling addiction treatment program find greater success when followed up with gambling-informed aftercare.

Gambling Treatment for Women

At Algamus, we are committed to providing a safe space for women to address and heal from gambling disorder. Our mission is to create an environment where women can slow down and begin recovering from the effects of addictive gambling on themselves, their loved ones, friends, and employers.

The COVID-19 pandemic has led to a significant increase in women seeking help for addiction, with 3,005 women contacting the GamCare helpline in the past year. While both men and women can develop gambling problems, they often manifest differently.

Our co-ed program helps women tackle the challenges of gambling addiction and any underlying mental health issues

they may be experiencing.

Young Adults Program: Sports Betting & Young Adults

Over the last few years we've noticed an alarming increase in calls from parents looking for help for their college-aged kids. With the overwhelming accessibility and prevalence of sports betting, more and more young adults are getting sucked into problem gambling as a social activity with their peers. This compulsive gambling may start out innocently enough but as the stakes get higher, grades start slipping and the financial strain can be devastating.

Our 5 week program in Goodyear, Arizona equips college students with the tools they need to overcome any form of gambling addiction, from sports betting to online games. Our experienced team of therapists, psychiatrists, and counselors will guide you to uncover the root causes of your addiction and empower you to build a healthy future.

Taking time out of school to get help for sports betting isn't ideal, but not addressing it is a risk you don't want to take. Get help now, while going back to school next semester is still an option.

Gambling Treatment for College Students: Winter Gambling Recovery Program

College can be a time of incredible growth and freedom but it can also bring a lot of stress. Problem gambling can compound that stress and can very quickly hurt your studies. If your studies have been impacted by gambling in any way this year, it's time to get help.

Our treatment program is available in December and January, allowing you to focus on healing without missing a semester. This winter break, take a proactive step towards quitting gambling for good with our residential gambling addiction program for young adults.

Our program in Goodyear, Arizona equips college students with the tools they need to overcome any form of gambling addiction, from sports betting to online games. Our experienced team of therapists, psychiatrists, and counselors will guide you to uncover the root causes of your addiction and empower you to build a healthy future.

Why Choose Our Winter Program?

At Algamus, we offer a unique opportunity for focused recovery, that includes:

-Scenic Environment: Focus on healing and personal growth in a safe, residential setting away from triggers. Our serene location provides the perfect backdrop for introspection and healing.

-Reduced Academic Pressure: Free from classes and exams, you can fully commit to your recovery journey, setting yourself up for a fresh start for the next semester.

-Comprehensive Treatment: From individual therapy sessions with a primary gambling therapist to daily group sessions, participants receive personalized care every step of the way.

-Supportive Community: Join a community of like-minded individuals who understand your struggles and are committed to supporting you every step of the way.

Our Gambling Treatment Plan

Our residential gambling addiction program is designed to be your comprehensive launchpad for lasting recovery from gambling addiction. We understand the importance of providing young adults with the tools and support needed to build a strong foundation for success.

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Our program utilizes proven therapeutic methods like Cognitive Behavioral Therapy (CBT) to address the underlying causes of your addiction. CBT equips you with practical skills to identify and challenge negative thoughts and behaviors that contribute to gambling urges. These skills are great for any young adult to learn and can be applied to other areas of your life as well.

We believe that recovery encompasses your entire well-being. Alongside therapy, you'll participate in a variety of activities that promote mindfulness, physical fitness, and creativity. We also organize occasional day trips to scenic locations like Sedona, Arizona.

This year can be a turning point. Contact us today for a free and confidential consultation to learn how our program can help you break free from gambling addiction and build a life of fulfillment.

Our Family Program: Treatment for Your Family

Sending your loved one to treatment is often a difficult decision. We value the trust you've placed in our clinical team at Algamus and recognize the difficulties the family system has dealt with and the impact the gambling disorders has had on many relationships.

Family members have a role in recovery, first to themselves and then to the identified client. We recognize much of your attention may have gone to your family member who has been impacted by the gambling, but you have been impacted too. Unlike other addiction disorders, gambling has some distinct characteristics, including financial and legal implications.

Treating the Family Unit

While addressing your own needs, there are areas your gambler will need your support in, too.

-Support System: The family serves as a primary support system for individuals struggling with gambling addiction. Their understanding, empathy, and encouragement can significantly contribute to the recovery process.

-Identifying Triggers: Family members can provide valuable insights into the triggers, patterns, and behaviors associated with the addiction. This information helps therapists develop more effective treatment plans.

-Addressing Enabling Behaviors: Sometimes, family members unknowingly enable the addictive behavior through their actions or reactions. Involving the family allows therapists to address and change these enabling dynamics.

-Rebuilding Trust: Gambling addiction often strains relationships and erodes trust. Family involvement can facilitate open communication, healing, and the rebuilding of trust between the individual and their loved ones.

-Creating a Supportive Environment: Family members can learn about addiction, recovery, and relapse prevention strategies. This knowledge helps them create an environment that supports the individual's efforts to remain abstinent from gambling.

-Motivation and Accountability: The encouragement, accountability, and positive reinforcement that come from family members can enhance the individual's motivation to stay committed to treatment and recovery.

-Long-Term Success: Gambling addiction can have a lasting impact on the individual's life. Involving the family increases the chances of sustained recovery by providing ongoing emotional, practical, and social support.

Overall, family involvement fosters a more holistic and comprehensive approach to treatment, addressing not only the individual's addiction but also the wider context in which it operates.

The family program will assist you in navigating the process of addressing your own concerns with your loved one in recovery.

Understanding and Healing Through the Enneagram: Your Path to Overcoming Gambling Addiction

At Algamus Gambling Treatment, we integrate the transformative power of the Enneagram to guide you on a journey toward recovery, self-discovery, and lasting healing. Our unique approach combines evidence-based therapeutic techniques with the wisdom of the Enneagram, a powerful personality system, to help you break free from the grip of gambling addiction and lead a fulfilling life.

The Enneagram is more than just a personality typing system; it's a profound map of human psychology that highlights nine core personality types, each with its distinct patterns of thinking, feeling, and behaving. By identifying your Enneagram type, you gain valuable insights into the underlying motivations and fears that drive your behavior, including your gambling addiction.

How the Enneagram Supports Your Healing Journey

-Self Awareness: Understanding your Enneagram type is a pivotal step toward self-awareness. It provides a clear lens through which you can examine the thought patterns and emotional triggers that lead you to gambling. By recognizing these patterns, you gain the ability to make conscious choices and develop healthier coping mechanisms.

-Identifying Triggers: The Enneagram helps you pinpoint the situations, emotions, and thoughts that trigger your gambling tendencies. With this awareness, you can proactively manage these triggers and prevent relapses. For instance, certain Enneagram types might be more prone to gambling when seeking excitement or avoiding uncomfortable emotions.

-Addressing Underlying Issues: Gambling addiction often stems from deeper emotional and psychological issues. The Enneagram can unveil the root causes of your addictive behavior by highlighting your core fears and desires. This insight enables you to work through unresolved issues, fostering emotional healing and reducing the need for unhealthy coping mechanisms.

-Tailored Strategies: Different Enneagram types respond to various therapeutic approaches. Our program customizes treatment strategies based on your Enneagram type, ensuring that you receive targeted support that resonates with your unique personality traits and tendencies.

-Developing Empathy and Connection: The Enneagram fosters compassion and empathy by shedding light on the diverse ways people perceive and interact with the world. Engaging with others who share your Enneagram type and learning about the challenges they face can provide a sense of belonging and encourage open dialogue in group therapy settings.

Our Comprehensive Program

The Algamus gambling addiction treatment program integrates the Enneagram into various evidence-based therapeutic modalities to offer a holistic and effective approach to recovery. Our offerings include:

-Individual Therapy: Work one-on-one with experienced therapists who specialize in both gambling addiction treatment and the Enneagram. Uncover the underlying issues, set achievable goals, and develop personalized coping strategies.

-Group Therapy: Connect with others who understand your journey. Engage in group discussions facilitated by Enneagram-trained therapists, where you can share experiences, learn from one another, and offer support.

-Enneagram Workshops: Delve deeper into the Enneagram system through workshops designed to enhance

self-awareness, emotional intelligence, and personal growth.

-Mindfulness and Meditation: Learn mindfulness techniques tailored to your Enneagram type. Develop skills to manage stress, cravings, and impulsive behaviors.

-Family Support: Involve your loved ones in the healing process. Family therapy sessions help rebuild trust, improve communication, and create a supportive network for your recovery.

Gambling Addiction Aftercare Support: The Importance of Post-Treatment Support

Individuals that complete our residential treatment gambling-specific program find success with improved outcomes and even higher results when followed-up with gambling informed aftercare. Recovery is an ongoing process, and returning to your regular life after treatment can be a difficult adjustment. Having an aftercare plan in place upon departure will help maintain the recovery progress that has been made during their time at Algamus.

At Algamus, we work with every client to establish a written aftercare plan that serves as a guide for their post-treatment recovery. The aftercare planning starts immediately upon arrival, and will be continually reevaluated as the client progresses in their recovery.

Repairing the Damage Caused by Gambling

With 30 years of experience working with individuals and their families, we understand the magnitude of destruction caused to relationships, stressful environmental factors, financial difficulties, work-related issues, and trust issues in areas damaged by the effects and consequences of gambling disorder.

Maintaining abstinence from gambling post-treatment will require work by the individual. Our comprehensive and individualized post-treatment plans help identify and address potential triggers and provides techniques and tips on how to cope with these environmental situations.

Gambling-Specific Aftercare Helps Prevent Relapse

Though our culture is obsessed with quick fixes, sustained support is essential to long-term recovery. Data validates in the gambling setting, that the longer an individual is in treatment, the lower their chances are of relapse. However, all individuals seeking a life free of gambling must take responsibility for their recovery from demonstrating commitment to showing perseverance.

Your aftercare discharge folder will include all your medical records, clinical information collected by your primary therapist, including the relevant aftercare plan. Your aftercare plan is the blueprint necessary for your sustained sobriety.

Algamus Frequently Asked Questions

If you can't find the information you're looking for, please feel free to contact us (<https://www.algamus.org/contact-us>) for further assistance.

Im concerned about my job security, how do I approach my employer?

If your company is of any size, FMLA should be in effect. The Family Medical Leave Act will protect your employment as a result of your going to treatment. However, we will not complete that paper work until you are physically present at our facility in Goodyear, Arizona. Once you have arrived, we will complete and return the FMLA paperwork.

Similarly, short-term disability insurance provides a portion of your salary that is non-taxable. Therefore, it's almost the same as your net salary. If you have short-term disability insurance, we will fill-out that paperwork only after you are physically present with us.

Resources from The Florida Council on Compulsive Gambling, Inc

Will my employer know that you have processed my insurance information?

The insurance verification process in the United States is HIPAA protected and your employer should not know about it.

What happens at the conclusion of the treatment plan?

Every client in their last week of treatment negotiates with the clinical team a written, individualized after care plan. It typically consists of a follow-up referral to a gambling-specific therapist in their home environment, a referral back to local Gamblers Anonymous meetings, and some other components that may be relevant to that person's aftercare plan. We also have an Alumni Association that meets frequently that you will be able to attend at the conclusion of the treatment.

Do you treat substance and alcohol abuse as well?

All of our staff have received training in gambling, alcoholism, and chemical dependency. If your family member has a substance and/or alcohol issue, we will treat it simultaneously with his/her gambling problem.

Do you accept Medicare & Medicaid?

We currently don't accept Medicare or Medicaid but there are a lot of options outside Medicare and Medicaid that many of our clients explore. Feel free to speak with our admissions team about what alternatives are available.

Is smoking permitted?

Smoking or vaping at the Algamus Recovery Center must be outside and only at an appropriate time and never inside our buildings.

How soon can a family member visit?

The client can plan for a weekend visitation after they have been receiving therapy for at least three weeks and are progressing clinically well. He or she will be allowed to spend some time with their family member(s) on Saturday and Sunday but will not be permitted to spend the night with them.

What are our payment plans?

We are a small organization and it is not customary that we will be able to offer payment plans. Generally, all fees must be paid at admission.

Do you prescribe medications?

We rarely prescribe medications to any client who does not come to us on medications. If we saw the need to do that, the client can always voluntarily refuse medications.

Do I keep my cell phone while in treatment?

Unfortunately, no. We cannot permit you to have your cell phone while you are receiving therapy since it often serves as your gambling device. Therefore, you will relinquish your cell phone at arrival at our facility and it will be returned on the day of your departure. You will use our phone at our expense to call friends and family on Thursdays and Sundays after a one-week blackout period so that you can fully participate in the program.

Are there Televisions in Algamus?

There are several TVs in the common rooms.

Phone Numbers

Main Line 888-526-3237

Website www.algamus.org

Email algamus@algamus.org

Site Information

Resources from The Florida Council on Compulsive Gambling, Inc

Location	Algamus Gambling Treatment Services, 1616 N. Litchfield Rd, Suite 220 Goodyear, AZ 85395	Mailing Address	Algamus Gambling Treatment Services, 1616 N. Litchfield Rd, Suite 220 Goodyear, AZ 85395
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Program Information

Eligibility	>> Accepted Insurance Providers Algamus Gambling Treatment Center accepts most commercial insurance providers, but coverage may vary by state or policy. Please note that at this time, we are not able to accept Medicare or Medicaid. Some of the major insurance providers that we are in network with include: Cigna, Tricare West, and Tricare West VA. (Algamus also lists BlueCross BlueShield, Centene Corporation, Humana, Aetna, Value Options, Beacon Health Options, Emblem Health, Health Net, and United Healthcare on its website. Contact Algamus to verify insurance coverage.) The extent to which your gambling disorder will be covered by insurance depends on your insurance company and your specific policy. If you don't see your insurance provider listed here, it's possible you could still have coverage. For insurance coverage questions or for an insurance verification, please call us at 888-526-3237, or fill out the form on our website (https://www.algamus.org/insurance-coverage). A member of our team will quickly determine the extent of your coverage.
Languages Offered	English, English
Payment Options	
Fees	
Application Process	For more information on the intake process, please call 888-526-3237 or email algamus@algamus.org to speak with a specialist. You can also contact Algamus using the form on its website: https://www.algamus.org/contact-us .
Documents Required	
Normal Wait Time	
Capacity	
Volunteer Opportunities	No

Coverage Areas

United States - Nationwide

Senior Contact

Name	Rick Benson
Title	FOUNDER ICGC-II, CPGC